Present perfect continuous: exercise 3

https://www.e-grammar.org/present-perfect-continuous/

Exercise 3

Complete the lines with one of the options.
I've been reading that book you lent me
George has been going to a restaurant to have dinner
I've been cooking all day I'm finished. I'm exhausted.
Sarah has been living with me
We've been writing since the morning. a lot of letters letters
They've been renovating their house
I've been travelling to Africa
My dad became a salesman and he's been moving around the country
Somebody has been drinking my coke
I've been texting my friends